

Super Sweet, Large
Whole Golden Ripe
Pineapples



READERS'
CHOICE 2023
DIAMOND WINNER

#1 Grocery Store
#1 Organic Food
#1 For Fresh Produce



Market









Homegrown Ontario
English Cucumbers



Fresh, Sweet
Cocktail Tomatoes
454g Tub





HORMONE FREE
Per lb.
22.02/kg
SAVE
Hormone & Antibiotic Free
100% Grass Fed

Boneless Blade Eye

Roasts

100% Grass Fed Beef

Hormone FreeRaised Without Antibiotics





Fresh Ontario, Bone-In
Pork Blade (Butt)
Chops



SAVE SAVE \$3,30

Nature's Path

Cereals

Peanut Butter Dark Chocolate or

Summer Berry Granola 312-325g

FRESH FROM OUR GARDEN TO YOUR BASKET



Sweet n' Crunchy, Jumbo
Red Seedless Grapes



Product of Canada, Crisp n' Sweet

Ambrosia Apples

21b Bag





Red Sun, Artisan Series
Scarlet Pearls Grape
Tomatoes

10oz Pkg













THE BUTCHER SHOP 100% Green Fed Beef Never Grain Fed 100% Beef Hormone & Antibiotic Free Cut From Black Angus Beef 100% Beef, Hormone & Antibiotic Free 100% Grass Fed Flank Marinating Centre Cut Bone-In **Beef Leg Cutlets Beef Shanks Steaks** •Hormone Free Hormone Free •Raised Without Antibiotics Raised Without Antibiotics 100% Pork, Traditionally Raised \$4.00/ Aged For 21 Days, Cut From Pork Back Ribs **Trout Fillets**

Black Angus Beef

Bone-In Beef Short Ribs



Raised Without Antibiotics

•Hormone Free



GROCERIES





Premium Creamery Style Ice Cream

Italgusto Gnocchi





Balconi Balconi **Cubi Wafer**





Organic Cereals Mesa Sunrise w/ Raisins, Khorasan Wheat Flakes, Sunrise Crunchy Maple lumbo 675-825g





Sandwiches 8 Pack









Burkek Filo Pie w/ Spinach & Cheese



Avocado Oil Kettle **Potato Chips**



Organia Apple Cider

RIMO Primo **Beans**

EFFE

PARTY SIZE . FORMAT PART

HONEY DIJON MIEL ET DIJON

Vinegar w/ The Mother



Betty Crocker Starburst Fruit by The Foot

Monday - Friday 8:00a.m. - 8:00p.m.

Laurieri Frollini : urieri 3 Frollini Frollini Cookies



Honey Graham Cookies



Kettle Beand **Honey Dijon Potato** Chips Family Size